



भारत सरकार  
Government of India  
स्वास्थ्य एवं परिवार कल्याण मंत्रालय  
Ministry of Health & Family Welfare  
वर्धमान महावीर मेडिकल कॉलेज एवं सफदरजंग अस्पताल,  
नई दिल्ली -110029  
Vardhman Mahavir Medical College & Safdarjung Hospital,  
New Delhi-110029



Ref No- SPORTS/VMMC/SJH/2025/01

Dated: 10/07/2025

**CIRCULAR**

**Subject:** List of Employees of VMMC & Safdarjung Hospital who achieved Medals in National Championships, All India Civil Services Tournaments & International Competitions/Championships.

| Sr. No | Name of Employee & Designation                 | Photo                                                                               | Sports Discipline                       | Achievements                                                                                                                                                                                                                                                                                                                         |
|--------|------------------------------------------------|-------------------------------------------------------------------------------------|-----------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1.     | Mr. Ratan Singh Rana,<br>Health Educator       |    | Powerlifting                            | <ul style="list-style-type: none"><li>Gold Medal in Asian Powerlifting Championship 2022</li><li>Bronze Medal in Commonwealth Powerlifting Championship 2022</li><li>Several Medals in National Powerlifting Championships</li><li>Several Medals in All India Civil Services Tournaments</li></ul>                                  |
| 2.     | Mr. Vivek Kaushik<br>Radiotherapy Technologist |  | Table Tennis                            | <ul style="list-style-type: none"><li>Gold Medal in All India Civil Services (AICS) 2023-24</li><li>Silver Medal in All India Civil Services (AICS) 2024-25</li><li>Team Official – BRICS Games (Durban South Africa) 2023</li><li>Team Official: Paralympics (Thailand) 2024</li></ul>                                              |
| 3.     | Mr. Vikas,<br>UDC                              |  | Shooting<br>(Pistol/ Rifle/<br>Shotgun) | <ul style="list-style-type: none"><li>Several times participation in Shooting Championships/ Competitions conducted by National Rifle Association of India (NRAI)</li><li>Team Official – Khelo India Para Games 2023</li><li>NS NIS Coaching Course – Shooting Discipline</li><li>Medals in Shooting Competitions 2 times</li></ul> |
| 4.     | Mr. Vinit<br>UDC                               |  | Kabaddi                                 | <ul style="list-style-type: none"><li>Gold Medal in All India Civil Services (AICS) – 5 times</li><li>Participation Volley Ball in All India Civil Services (AICS)</li><li>Participation Volley Ball in Sr. National Shooting Ball</li><li>NS NIS Coaching Course – Kabaddi Discipline</li></ul>                                     |
| 5.     | Mr. Deepak<br>Driver                           |  | Wrestling                               | <ul style="list-style-type: none"><li>Silver Medal in All India Civil Services (AICS)</li><li>Bronze Medal in All India Civil Services (AICS)</li></ul>                                                                                                                                                                              |

|    |                                                   |                                                                                     |                  |                                                                                                   |
|----|---------------------------------------------------|-------------------------------------------------------------------------------------|------------------|---------------------------------------------------------------------------------------------------|
| 6. | <b>Mrs. Sangita Thakur</b><br>Sr. Nursing Officer |     | <b>Athletics</b> | <ul style="list-style-type: none"> <li>Silver Medal in All India Civil Services (AICS)</li> </ul> |
| 7. | <b>Ms. Smitha Sekhar</b><br>Sr. Nursing Officer   |    | <b>Athletics</b> | <ul style="list-style-type: none"> <li>Silver Medal in All India Civil Services (AICS)</li> </ul> |
| 8. | <b>Mrs. Pramita Kumari</b><br>Nursing Officer     |    | <b>Hockey</b>    | <ul style="list-style-type: none"> <li>Silver Medal in All India Civil Services (AICS)</li> </ul> |
|    | <b>Mrs. Seema Yadav</b><br>Sr. Nursing Officer    |    | <b>Hockey</b>    | <ul style="list-style-type: none"> <li>Silver Medal in All India Civil Services (AICS)</li> </ul> |
|    | <b>Mrs. Preeti</b><br>Nursing Officer             |   | <b>Hockey</b>    | <ul style="list-style-type: none"> <li>Silver Medal in All India Civil Services (AICS)</li> </ul> |
|    | <b>Ms. Kanchan Singh</b><br>Nursing Officer       |  | <b>Hockey</b>    | <ul style="list-style-type: none"> <li>Silver Medal in All India Civil Services (AICS)</li> </ul> |
|    | <b>Mrs. Suman Kumari</b><br>Sr. Nursing Officer   |  | <b>Hockey</b>    | <ul style="list-style-type: none"> <li>Silver Medal in All India Civil Services (AICS)</li> </ul> |
| 9. | <b>Ms. Yogita Sharma</b><br>Pharmacist            |  | <b>Swimming</b>  | <ul style="list-style-type: none"> <li>Bronze Medal in All India Civil Services (AICS)</li> </ul> |

*DR. R. P. ARORA*

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